

FAQ's for 200-hour YTTC, The Yoga Institute, Delhi

1) What does the training program cost?

The program fee for the 200 hours' teacher training course is ₹22,000/- This fee includes the online tuition fee and the training material.

2) Are you conducting the course online as there is a lockdown currently?

Yes, this course generally is conducted at the institute, which includes 150 hours of class engagement and 50 hours of assignments plus guided self-practice. We are conducting it online as an exception due to the lockdown.

The course is divided into four convenient batches:

- (i) Weekdays (Morning), **Part Time**, 3 Months (Tuesday to Friday)
- (ii) Weekdays (Evening), **Part Time**, 3 Months (Tuesday to Friday)
- (iii) Weekdays, **Full Time**, 1.5 Months (Tuesday to Friday)
- (iv) Weekends, **Full Time**, 3 Months (Saturday & Sunday)

3) What are the prerequisites for this online program?

As the TTC program would be conducted online, you would need a device (smartphone/laptop/iPad, etc.) with a basic Internet connection to run the Zoom App for online classes.

About Zoom App: Available free on Google Play Store/App Store/laptops. Free sign up using your mail ID. Specific login details would be provided to enter sessions of the program.

Besides this, you must be 16 years or older in age.

4) Will the entire course be online even after release of the lock down?

The format of the course is such that it is being conducted online during the lockdown and will continue in the same online format until the end of the course, even once the lockdown is released.

5) What would be the difference between the regular and the online program?

The program would be exactly the same. There would be no changes in the syllabus, course material provided as well as the teachers conducting the sessions.

6) What is the teacher training program schedule?

The 200 hours' teacher-training program is very disciplined. It will require 80% of attendance, 100% of your involvement in all sessions and full commitment to the process.

The schedule for the **Weekdays (Morning) | Part Time** batch would be from Tuesday to Friday from **7:00 AM to 10:00 AM** for 3 Months.

The schedule for the **Weekdays (Evening) | Part Time** batch would be from Tuesday to Friday from **5:00 PM to 8:00 PM** for 3 Months.

The schedule for the **Weekdays | Full Time** batch would be from Tuesday to Friday from **10:00 AM to 4:00 PM** for 1.5 Months.

The schedule for the **Weekends | Full Time** batch would be on Saturday and Sunday from **7:00 AM to 1:00 PM** for 3 Months.

Further details would be shared as you enroll. The students are expected to follow the program schedule strictly.

7) Will you be providing the course material to study at home?

The participants would be provided with the soft copy of the teacher training handbook and in case they wish any further books for reference they can purchase it from us which will be couriered and the courier charges also will be borne by the students.

8) How will I be assessed for the certification?

On completion of the program with minimum required attendance, assignments, you would be eligible for the exam. Students, who successfully pass the exams, would be rewarded with the certificate.

9) When will I get the certificate?

Certificate would be sending Via Email/WhatsApp. If you want the hard the hard copy of the same, extra courier charges would be applied.

10) Will the credibility of the certificate the same as your regular 200 hours course?

As there is no change in the structure of the course content as regular 200 hours TTC, the credibility of the certificate remains exactly the same in this case too.

11) Will my certificate mention that I have done the course online or in a part-time format if I choose that option?

The certificate would not mention these details. It remains the same as the regular 200 hours' program conducted at the institute.

12) Why 'The Yoga Institute'? How will the course benefit me?

The Yoga Institute is the oldest yoga school of the world, recognized by the Government of India (Ministry of Ayush) and is the first Yoga school to be accredited after the AYUSH-QCI scheme was launched.

This is the RYT 200-hour course, fully accredited with the Yoga Alliance USA and the participant is eligible to apply on Yoga Alliance site as Register Yoga Teacher.

Click here to register -

<https://theyogainstitutedelhi.com/200-hrs-ttc-online/>

13) Is there any other option to make payment of the fees and register?

You can transfer the fees to the below-mentioned bank account. Please mention your FULL NAME with the subject line "**Weekdays (Morning/Evening/Full Time)**" batch payment or "**Weekends batch (Full Time)** payment" while making the transaction, and share the transaction screenshot at tyidelhi@theyogainstitute.org or WhatsApp us on 989-990-4455.

Our bank account details are as follows-

Account Name	Ekatmta Yoga Samiti
Account Number	072101004759
Name of the Bank	ICICI BANK
IFSC Code	ICIC0000721
Branch	I P Extn Branch
Address	Plot No-2, Lsc, Mondawli, Fazalpur, Near Balaji, Max Hospital,, I.P. Extn. Delhi-110092
Type of Account	Savings Account
Beneficiary Contact Details	989-990-4455 Email - ekatmta.yoga@gmail.com